



Eating Disorders: An Overview Of The Deadliest Mental Illness

Abu Dhabi, UAE – December 16, 2012 – We are proud to announce the successful completion of the **2012 U.A.E. Eating Disorder Conference** with a striking title named, “**The Deadliest Mental Illness**”, which was the first of its kind in the Middle East.

The Conference took place on Friday, December 14th 2012, at the prestigious **Shangri-La Hotel** in Abu Dhabi. The Middle East Eating Disorder Association non-profit organization together with the American Center of Psychiatry and Neurology collaborated to present an informative and in depth look at the mental health disorder that has been mostly overlooked in the region up until now.

The Event featured seven leading clinical psychiatrists and psychologists from around the world presenting on topics headlining the causes, symptoms, prevention methodologies and the enduring long-term treatment plan of this severe illness. One of which included our special guest, and Founder of **MEEDA, Dr. Jeremy Alford**, Clinical Psychologist who presented The Five Pillars to Overcome Eating Disorders.

The juncture witnessed wide participation from local schools and colleges supporting an initiative to spread awareness and provide support for the various types of eating disorders affecting the general public from adolescence to adults alike.

MEEDA would like to express its gratitude towards the **American Center of Psychiatry and Neurology** for making this amalgamation possible and gathering the general public to raise awareness and promote this great cause for the well-being of the sufferers of this disease. Moreover, special thanks to **Dr. Youssef Abouallaban**, Medical Director of **ACPN** and all key assets of the **ACPN** that supported in organizing and executing this Event.

MEEDA was established in 2009 and the association is here to support you and help guide you towards a healthier lifestyle. We are based in Lebanon and currently have representatives in Kuwait and the U.A.E. Other countries in the Middle East are on the way including Turkey, in order to provide a cohesive and structured support system.

For more information or to contact us, please refer to the details below:

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