



EATING DISORDERS

An Overview of The Deadliest Mental Illness

MEEDA is proud to announce the successful completion of the **2012 U.A.E. Eating Disorder Conference** with a striking title named, **"The Deadliest Mental Illness"**, which was the first of its kind in the Middle East. The Middle East Eating Disorder Association non-profit organization together with the American Center of Psychiatry and Neurology collaborated to present an informative and in depth look at the mental health disorder that has been mostly overlooked in the region up until now. The Event featured seven leading clinical psychiatrists and psychologists from around the world. One of which included special guest, and Founder of the **Middle East Eating Disorders Association (MEEDA), Dr. Jeremy Alford**, Clinical Psychologist who presented The Five Pillars to Overcome Eating Disorders. **MEEDA** was established in 2009 and the association is here to support you and help guide you towards a healthier lifestyle. They are based in Lebanon and currently have representatives in Kuwait and the U.A.E. Other countries in the Middle East are on the way including Turkey, in order to provide a cohesive and structured support system.

**For more information: URL: www.meeda.me, Facebook: www.facebook.com/meedaassociation, Twitter: @TheMeeda,
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