



September 2015

MONTH TOPIC

Are personality disorders in anorexia nervosa associated to emotion processing or eating disorder symptomatology?

Purpose

The aim of this study is to examine or to explore if the AN and its personality disturbances are related to eating disorder symptomatology or emotion regulation.

Methods

Two groups were conducted the first one included 24 right-handed female participants with AN and the second covered 25 healthy controls (HC) matched for age and premorbid intelligence quotient (IQ) to ensure comparability between groups.

Premorbid intelligence was estimated using the Wechsler Test of Adult Reading (WTAR) and was used to ensure all participants had an IQ over 80, to ensure they could adequately comprehend the study instructions and correctly complete the questionnaires. Eating disorder symptomatology was investigated with the Eating Disorders Examination Questionnaire (EDE-Q) and negative emotional states with the Depression Anxiety Stress Scale (DASS). The alexithymia construct was measured with the Toronto Alexithymia Scale (TAS-20) and personality psychopathology with the Personality Diagnostic Questionnaire (PDQ-4). The PDQ-4 allows for the examination of continuous symptom scores for each personality disorder and categorical scoring (i.e. presence or absence) of clinically significant personality disorders.

Eating Disorders Alpbach 2015

Date: October 15, 2015

Location: Congress Centrum Alpbach Austria

Details: Anorexia & Bulimia nervosa, Binge Eating Disorder, Adipositas/ Obesity. The 23rd International Conference to celebrate the 25 years jubilee of the Austrian Netzwerk Essstoerungen

Contact: info@netzwerk-essstoerungen

Eating Disorder Training & Certification EDIT™ Certified Retreat

Date: October 16, 2015

Time: 5:00 PM

Location: Snow Mountain Ranch

City: Winter Park

State: CO Contact:

info@EDITcertified.com

Conferences



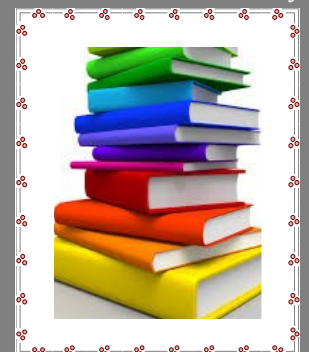
Readings

Obesity eating disorders and the media-Karin Eli , Stanley Ulijaszeck –2014.

Media and youth :A Developmental Perspective-Sтивен J Kirsh –2010.

Body Dissatisfaction, Eating Disorders and a Media Literacy Intervention Among Tanzanian Females-Moira Hennessey – 2008.

Eating Disorders - Suzanne Abraham– 2008 .





Month Topic continued

Results

AN participants scored significantly higher on total PDQ score, as well as items related to schizoid, borderline, avoidant, dependent, obsessive compulsive, negativistic and depressive personality disorders .

Conclusion

The findings suggest that personality disturbances in AN are not related to disorder-specific symptoms, but are related to negative mood states. Although the findings are limited by the conservative sample size, the results suggest that personality disturbances in AN may not be influenced by disorder-specific symptoms, but may be predisposing factors to developing the illness.

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Psychologist and Psychotherapist

<http://www.jeatdisord.com/content/3/1/34>

Are personality disturbances in anorexia nervosa related to emotion processing or eating disorder symptomatology? Andrea Phillipou, Caroline Gurvich, David Jonathan Castle and Susan Lee Rossell,2015.

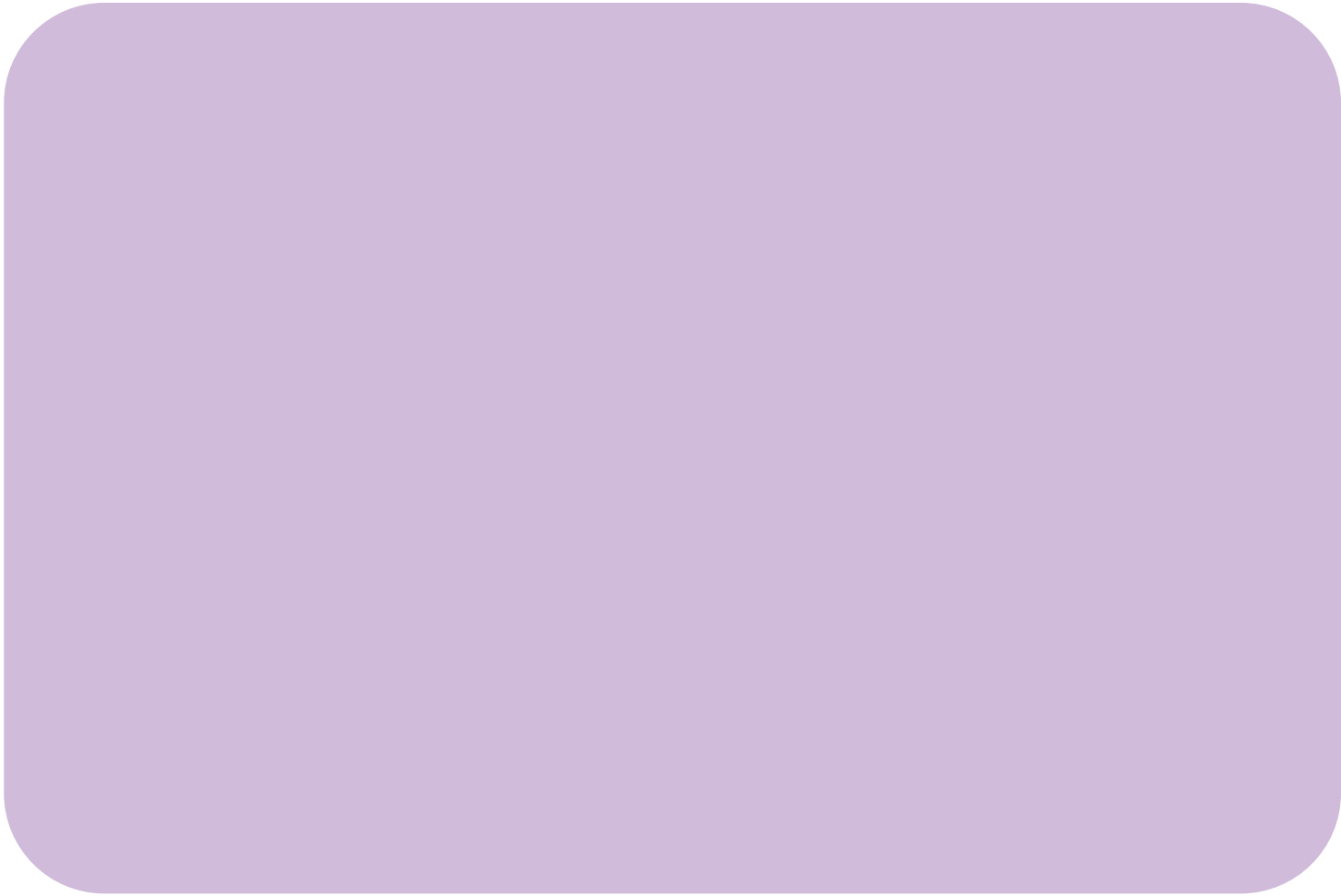
Research

Stephanie A. Valutis,Anthony J. Goreczny, Leena Abdullah, Emily Magee ,Joseph A. Wister. (2009). Weight Preoccupation, Body Image Dissatisfaction, and Self-Efficacy in Female Undergraduates . Retrieved September 28,2014, from <http://www.scientificjournals.org/journals2009/articles/1421.pdf>

Natalie Colabianchi, Carolyn E. levers-Landis, Elaine A. Borawski.(2006).Weight Preoccupation as a Function of Observed Physical Attractiveness: Ethnic Differences Among Normal-Weight Adolescent Females.Retrieved September 28,2014, from <http://jpepsy.oxfordjournals.org/content/31/8/803.full.pdf>.



NO  **BODY IS PERFECT!**



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