MEEDA
MIDDLE EAST EATING DISORDERS ASSOCIATION

- April, 2015
  'Love your body day' at the Lebanese American University, Lebanon.
- May, 2015
  Video awareness testimonial in collaboration with 'It Gets Brighter' project.
- May 16 & 17, 2015
  Presentation at the Annual Bariatric Conference in GBMC Jordan Hospital, Jordan.
- October, 2015
  Research Project about Eating Disorders prevalence and awareness in Lebanon and the UAE.
- October 9, 2015
  'Psychological, Nutritional, and Medical Interventions for Eating Disorders' presentation at the First Regional Arab Conference: Between Adversity and Resilience.
- November, 2015
  'Eating Disorders in the Region' chapter for the new GCC introductory psychology textbook taught to undergraduate students.
- November 19, 2015
  Awareness raising workshop for students at Zayed University, Abu Dhabi – 'The Risks of Dieting and Eating Disorders'.
- December 9, 2015
  ACPN Educational Conference: 'Pyschological and Medical Interventions for Eating Disorders', Dubai.
- September 2015 – May 2016
  Carers Support group run at the American Center for Psychiatry and Neurology, Dubai.
- February, 2016
  Awareness raising workshop for students at the College of the North Atlantic delivered by the college's Human Resources department under MEEDA's supervision, Qatar.
- February 23, 2016
  Awareness raising workshop for students at Zayed University, Dubai – 'The Risks of Dieting and Eating Disorders'.
- March 1, 2016
  Awareness raising workshop for students at Broumana High School, Lebanon - 'The Risks of Dieting and Eating Disorders'.
- March 10, 2016
  Awareness raising workshop for students at Yasmina school, Abu Dhabi – 'The Risks of Dieting and Eating Disorders'.
- March 18, 2016
  'Diets, Eating Disorders, and Effective Weight Management Strategies' presentation at the Dubai Eating Disorders and Obesity Conference, Dubai.
- April 14, 2016
  Awareness raising workshop for students at GEMS 1st point school, Dubai - 'The Risks of Dieting and Eating Disorders'.
- April 19, 2016
  'The Role of the Family Doctor in the Prevention, Assessment and Management of Eating Disorders' presentation at the International Family Medicine Conference, Dubai.
- April 28, 2016
  Workshop for school counselors at Dubai American Academy (DAA) - 'Specific Interventions for Eating Disorders', Dubai.
- May 21, 2016
  'Psychological Interventions for Nutritionists Treating Eating Disorders' training by MEEDA and CATALYST, Beirut.
- May 27, 2016
  'A Psychological Approach to Weight Management' presentation at the ACPN Neuroscience Congress 2016, Dubai.
- May 30 , 2016
  'Specific Interventions for Eating Disorders' conference for the Mena-Sen school counselors, Dubai.
- June 2, 2016
  Participated in World Eating Disorders Day, #WeDoAct, including 24 hours of tweet chat and Facebook involvement with eating disorder activists and NGOs such as the National Eating Disorders Association (NEDA), BEAT, and AED.
- June 13, 2016
  Endorsement of MEEDA by the Academy of Eating Disorders as a supporting NGO to spread awareness and dispel eating disorder myths around the globe – '9 Truths about Eating Disorders'.